



Lothian Branch Newsletter

May 2011

Editor: Jean McCutcheon (Tel: 0131 667 7645; Email: mcutcheon14@gmail.com)

My apologies for the belated publication of this issue of the Newsletter. I have just been too busy - as well as being away.

Jean McCutcheon
Editor

A date for your diary:
BRANCH COFFEE MORNING
Saturday 22nd October
in Pilrig St Paul's church hall
on Leith Walk

AGM 2011

You should have received the Annual Report for 2010-11 with the AGM papers. Some salient points from the AGM are summarised here.

Hydropool: Doreen Bishop expressed her thanks to Peter Hardie for undertaking the organisation of the duty rota for Tuesday sessions, and Margaret Kerr thanked Elaine Croan for her help. If anyone else feels able to volunteer to be an occasional "duty helper" on a Tuesday, we would be very grateful for their support - please let the relevant organiser know.

Braidburn: More people are needed in the Swimming Club to keep the cost at a reasonable level.

Donation to BackCare Helpline: As we did last year, the meeting approved a donation of £200 to go to BackCare for the Helpline. This will help in the number of hours per week that the helpline can operate and with training helpers.

Remember that BackCare also runs an email Helpline. (See over)

Retirement of Caroline Wheeler: Caroline was BackCare's IT Officer for 17 years, and it was agreed that Jean Houston would send a cheque for £25 from the branch with a card expressing our thanks and wishing Caroline well for her retirement.

Resignation of Doreen Bishop: Doreen Bishop announced that she wishes to stand down as Chairman owing to poor health, but is happy to remain on the Committee. She will remain in post until a replacement can be found. Her work as chairman has been invaluable and the committee are delighted that she will continue to serve on the Committee and contribute as she is able. Anyone feeling able to take over from Doreen should contact her or Jean Houston.

New Cttee: Doreen Bishop (Chairman), Jean Houston (Secretary), Sheila McKilligan (Treasurer), Jean McCutcheon (Membership Secretary), Margaret Kerr (Hydropool Co-ordinator), Elaine Croan, Peter Hardie, Thom Kay, Jennifer Lamb, Fiona Rankin, Joy Blackwood.

P.T.O.

Leaflets

We now have plenty of leaflets publicising our Branch activities. If you have any contacts with physios, local health centres or anywhere else that might be willing to display leaflets, please ask Jean Houston or any committee member for some to distribute.

Chairman of Lothian Branch

We are very unfortunate to lose Doreen Bishop as our Chairman, but she is happy to remain on the Committee. We are therefore looking for someone to take her place. If you think you might be able to do the job, or can think of someone else who might, please get in touch with Doreen, or with our Secretary, Jean Houston (Details below).

BackCare Helpline 0845 130 2704

Calls charged at local rate

Monday: 9am-12noon; 1-4pm; 7.30-9.30pm

Tuesday: as for Monday

Wednesday: 10am-12noon; 1-4pm

Thursday: 9am-12 noon; 2-4pm

Friday: 9am-12 noon

Email helpline: helpline@backcare-helpline.org

Have you moved, or changed your contact details?

If so, please remember to let the Membership Secretary know, so that lists can be kept up to date.

Please also let her know if you change pool, so she can keep tabs on who is where.

BRANCH CONTACTS

Chair

Doreen Bishop
Tel: 0131 449 4953
Email:
doreen.bishop@blueyonder.co.uk

Secretary

Jean Houston
Tel: 0131 441 3611
Email:
ken.houston@blueyonder.co.uk

Treasurer

Sheila McKilligan
Tel: 0131 667 4398
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s.mckilligan@btinternet.com

Membership Secretary & Newsletter Editor

Jean McCutcheon
Tel: 0131 667 7645
Email:
mccutcheon14@gmail.com

Hydro-pool Bookings (Astley Ainslie)

Margaret Kerr
Tel: 0131 339 8147

Committee Members

Joy Blackwood
Elaine Croan
Peter K Hardie
Thom Kay
Jennifer Lamb
Fiona Rankin

NOTE: Contact details for committee Members are available from the Secretary

Swimming Club Bookings (Braidburn)

Christine Macdonald
Tel: 0131 669 2397
Email: cgmacc@imagehosting.co.uk